



FAQS

IS THERE A MINIMUM AGE?

Yes, the minimum age to take part is 18.

IS THERE A MINIMUM SPONSORSHIP TARGET?

If you are riding as an individual, the minimum sponsorship is £100, for a relay team it is £75 per person.

HOW CAN I REACH THE MINIMUM SPONSORSHIP TARGET?

Take a look at our fundraising section for ideas and support and contact our events team if you need any help – events@railwaychildren.org.uk

ARE THERE ANY REQUIREMENTS AS TO THE TYPE OF BIKE I CAN USE?

Participants don't need a specialist bike for the event but it is recommended that they use a bike with gears and ensure everything is in working order and is roadworthy before the event. As the bike ride is on roads, a road bike is the most efficient to use.

DO I HAVE TO COMPLETE THE EVENT IN A CERTAIN TIME AND WHAT HAPPENS IF I CAN'T COMPLETE THE DISTANCE?

Cut off times will be given before the event for each water stop. These will be based on completing at an average speed of 12mph.

WHAT ARE THE TRAVEL OPTIONS FOR THE DAY?

The start is at the Royal Military School of Music in Twickenham. The start is 0.6 miles from Whitton Station or 1.1 miles from Twickenham Station. We will send you a rail pass to enable you to travel on any train over the weekend. Please note that only a limited number of bikes can be transported on trains and they sometimes require a reservation. More information about the carriage of bikes on trains can be found here –

<https://www.thetrainline.com/blog/bike-transport-by-train-7-top-tips>

There is parking available at the Royal Military School of Music and at the end, coaches and vans will transport you and your bike back to the start. You do have to book your ticket for this at a cost of £12 per bike and £10 per person.

DO I NEED INSURANCE?

We recommend that you have appropriate cover for you and your bike.

DO I NEED TO WEAR A CYCLE HELMET?

You must wear a cycle helmet to take part.

WHAT FACILITIES ARE AVAILABLE?

There will be toilets and changing facilities at the start and finish and our feed stations will have toilet facilities. There is water available at the start and at all feed stations. All feed stations along the route will be well stocked. A vehicle is available to transport your bag from the start to the finish, but all valuables should be carried with you.

WHAT HAPPENS IF I GET LOST OR GET INTO DIFFICULTIES ON THE DAY?

On the day you will be given an emergency number.

WHAT ARE THE TIMINGS FOR THE DAY?

Registration: 07:00 to 07:30

Briefing: 07:45

Departure: 08:00

WHAT EXACTLY IS A SPORTIVE?

A sportive is a mass-participation bicycle event. Importantly, the events are not races and they make use of the road networks. It is timed and officially signed. Many cyclists use sportives to challenge themselves in a personal battle against the distance and then ultimately, the clock. The majority of riders will simply be happy to complete the distance within the time allowance.